

LEADERSHIP SUMMIT



WEDNESDAY | **8:30 AM - 1:00 PM**
NOV. 13 | **CONCORD, NH**

THE FLOURISH *lab*

EXPLORING OUR INFLUENCE: Every Moment Matters

We are all influencing every moment of every day. The ripple effect of our influence will create impact that has the power to last a lifetime. How can we live more consciously so that we can create our maximum impact?

In this workshop we will learn about the role of emotional intelligence in shaping how we show up from moment to moment, and how building self-awareness is a critical part of the process.

We will explore what it looks like when we are at our best, and also consider what happens when our "best" is nowhere to be found. Participants can expect self-reflection, new awareness and vulnerable discussions. You will walk away with strategies you can use immediately to maximize the impact you want to make in your teams, organizations and communities.

Training Information:

Fee to attend: \$15.00

Additional Networking Lunch Option Available

Location: Northeast Delta Dental,
1 Delta Drive, Concord NH
Register through Eventbrite

Core Knowledge Area:

Developing as a Professional (ECE)
Professional Development and
Leadership (OST)

**REGISTER ON
EVENTBRITE**

Amy Brady | Founder of
The Flourish Lab and StandUP

Lana Hailemariam | CEO of StandUP,
Co-Creator of The Flourish Lab



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